



Hunter PRIMARYCARE



DISABILITY & WELLBEING

By working with you we can help you achieve your goals, while helping you to strengthen your ability to organise your supports

NDIS Services

Our NDIS services team specialises in exercise physiology, occupational therapy, mental health and dietitian support.

We provide you with the skills, informed choice and control to give you confidence so you can build your independence and increase community participation.

Our NDIS Services team provides the following supports to NDIS participants in the Hunter, Newcastle and Wyong Shire regions:

Support Coordination and Specialist Support Coordination: finding and linking you with services to achieve your goals.

Improved health and wellbeing: providing tailored exercise and nutritional plans to manage your disability, health and wellbeing.

Therapy supports: prescribing assistive technology to help you in maintaining independence.

Our NDIS Services team works with you so you can:

- understand your plan and the kinds of supports you can access
- get the most value out of your NDIS budget
- coordinate the assistance you receive from mainstream services such as education, health and housing
- participate in activities that support, maintain and increase your wellbeing such as personal training, exercise physiology and community sports and leisure activities
- manage your disability, health and wellbeing through individualised nutrition advice
- maximise your ability to function independently and safely at home and in the community through the prescription of assistive technology.

If you are a provider with an NDIS participant requiring Specialist Support Coordination, contact Hunter Primary Care to learn how we can assist your client to get the most value out of their NDIS plan. For information regarding NDIS service, speak with our team today.

(02) 4925 2259

hunterprimarycare.com.au