

Media Release

Tuesday 6th February 2018

Local community chips in to support youth mental health

Youth mental health service **headspace Newcastle** is set to receive a boost on Friday thanks to the generosity of a group of local golfers.

Organiser Murray Lynch from NAC Services said the aim of the day was to raise funds to support the vital work of **headspace Newcastle**, which provides a range of services for young people in the region to improve their mental health and wellbeing.

"We encourage the community to join us at this charity golf day as we promote the work of headspace Newcastle, which supports young people and their families." Mr Lynch said.

"Put together a team and join us or consider one of the sponsorship options we have available."

Byron Williams, **headspace Newcastle** Community Development Officer, said the group was grateful to all the local businesses that had put their hands up to generously support the inaugural event.

"Mental ill health is the single biggest issue facing young Australians. **headspace Newcastle** relies on the support of the community to offer a range of programs and events to young people who may be struggling with their mental health. We're fortunate to have the team from NAC hosting such a great event."

The 'Chip in for Youth Charity Golf Day' event will take place on **Friday February 9** at **Merewether Golf Club**, 40 King St Adamstown. Registration will commence at 7.30am for an 8.15am start. The event has attracted supports from local businesses such as Guzman y Gomez, Coastal Fire Services, Ryan Signs, Queen's Wharf Hotel, LAGO Property, Puro Parnters and Hunter Lifestyle Choices.

Get your tickets at www.stickytickets.com.au/63773

For more information, contact Murray Lynch at murray@nacservices.com.au or call 0434 106 285.

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Hunter Primary Care is the lead agency for **headspace** Newcastle

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