

CHRISTMAS CLOSURE

Hunter Primary Care Psychology Services staff will be available for urgent enquiries and referrals during this period (excl. Public Holidays) on (02) 4935 3039.

headspace Newcastle staff will be available for urgent referrals and enquiries during this period (excl. Public Holidays), and can be contacted on 4929 4201.

The Way Back Support Service and Aboriginal Aftercare will be operating on skeleton staff during this period (excl. Public Holidays), and can be contacted on 1300 364 184.

GP Access Clinics and Call Centre will remain operational and can be contacted on 1300 130 147.

If you or someone you know needs urgent assistance, please call 000, attend the Emergency Department of your local hospital, or contact the support services listed below.

- For after-hours health care, contact GP Access After Hours on 1300 130 147, or contact your regular GP for their after-hours provider
- For referral and advice regarding NSW Mental Health Services, call the Mental Health Line on 1800 011 511
- For emergency accommodation contact Link2Home on 1800 152 152
- For NDIS support contact the NDIA on 1800 800 110
- For COVID-19 questions, call the National Coronavirus Health Information Line on 1800 020 080

Hunter Primary Care's Warabrook office will close from 12:00pm Friday 23rd December 2022, and will reopen from 8:30am Tuesday 3rd January 2023.

Hunter Primary Care's Maitland office will close from 4:30pm Thursday 22nd December 2022, and will reopen from 8:30am Monday 9th January 2023.

24/7 CRISIS SUPPORT PHONE & WEB SERVICES

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

www.headspace.org.au/eheadspace

Beyond Blue: 1300 22 4636

NSW Mental Health Line: 1800 011 511

Mensline Australia: 1300 789 978

Kids Help Line: 1800 551 800

Australian Domestic Violence Hotline: 1800 737 732

NSW Domestic Violence Hotline: 1800 656 463