

# CHRISTMAS CLOSURE

Hunter Primary Care's Warabrook office will close from COB Thursday 21st December 2023, and will reopen from 8:30am Tuesday 2nd January 2024.

Hunter Primary Care's Maitland office will close from COB Thursday 21st December 2023, and will reopen from 8:30am Monday 8th January 2024.

**If you or someone you know needs urgent assistance, please call 000, attend the Emergency Department of your local hospital, or contact the support services listed below.**

**Hunter Primary Care Primary Mental Health Services** will be operating on skeleton staff during this period (excl. Public Holidays), and can be contacted on (02) 4935 3039.

**headspace Newcastle** staff will be attending to urgent referrals and enquiries only (excl. Public Holidays). No appointments will be available during this period. The team can be contacted on (02) 4929 4201.

**The Way Back Support Service and Aboriginal Aftercare** will be operating on skeleton staff during this period (excl. Public Holidays), and can be contacted on 1300 364 184.

**GP Access Patient Streaming Service (call centre) and clinics** will remain operational and can be contacted on 1300 130 147.

## CRISIS SUPPORT PHONE & WEB SERVICES

**Suicide Call Back Service:** 1300 659 467 (24hrs)  
suicidecallbackservice.org.au

**Lifeline:** 13 11 14 lifeline.org.au (24hrs)

**eheadspace:** 1800 650 890 (9am-1pm AEDT, 7 days)  
headspace.org.au/eheadspace

**Beyond Blue:** 1300 224 636 (24hrs)  
beyondblue.org.au

**NSW Mental Health Line:** 1800 011 511 (24hrs)

**Mensline Australia:** 1300 789 978 (24hrs)

**Kids Help Line:** 1800 551 800 (24hrs)  
kidshelpline.com.au

**13YARN:** 13 92 76 (24hrs)

**Qlife:** 1800 184 527 (3pm to midnight, 7 days)

**Australian Domestic Violence Hotline:**  
1800 737 732 (24hrs)

**NSW Domestic Violence Hotline:**  
1800 656 463 (24hrs)

- For referral and advice regarding NSW Mental Health Services, call the Mental Health Line on 1800 011 511
- For emergency accommodation contact Link2Home on 1800 152 152
- For NDIS support contact the NDIA on 1800 800 110
- For COVID-19 questions, call the National Coronavirus Helpline on 1800 020 080