

# Integrated care for people living with memory problems.

**Do you have memory problems or dementia?**

**Or are you caring for someone with memory problems or dementia?**

If yes, researchers from the University of Newcastle are recruiting people with dementia or memory problems and their carers from the Greater Newcastle region of New South Wales.

**Who can participate in the study?**

People who are aged 65 years or older and have memory problems or dementia can participate in this study. They must also have a family member or friend (carer) who is willing to take part.

**What is this study about?**

This study will see whether having a nurse to help coordinate your care can increase the time you spend living at home with as much independence as possible. It will also test whether the assistance of a nurse can help with improving quality of life.


**What will you be asked to do?**

**What does the care program involve?**


- A researcher will visit you in your home to ask some questions about your health and to confirm your eligibility for this study.
- If you decide to take part in this study, you will be allocated to receive usual care or usual care plus the nurse-led care program.
- If you are in the group that gets nurse support, a nurse will visit you in your home and will ask about your health and support needs.
- The nurse will talk to your GP to help you plan your care, connect you to services and support, and provide four personalised consultations over 6 months.

**Interested?**

**Call us:**

 1800 271 103  
OR

**E-mail us:**

 [memorynursetrial@newcastle.edu.au](mailto:memorynursetrial@newcastle.edu.au)  
OR

**Scan the QR code for more information:**

Person with memory problems/dementia



Carer



This research has been approved by the Hunter New England Human Research Ethics Committee of Hunter New England Local Health District, Reference 2023/ETH01221.