

POSITION DESCRIPTION

Mental Health Clinician – Youth Complex Mental Health Service

Purpose of Role:

To work within the Port Stephens Youth Complex Mental Health Service (YCMHS) to engage young people and their families, and conduct clinical assessments and mental health interventions with young people 12 – 25 years with, or at risk of developing, severe mental illness.

Reports to:

headspace Newcastle Service Manager

Key Relationships:

<i>Internal</i>	<i>External</i>
<ul style="list-style-type: none"> ▪ Port Stephens YCMHS Service Manager ▪ Port Stephens YCMHS service Clinical Leader ▪ Clinical providers and other staff ▪ Other Hunter Primary Care staff. 	<ul style="list-style-type: none"> ▪ Clients of Port Stephens YCMHS service and their families/carers. ▪ GPs and other external clinicians ▪ Other agencies such as health providers, youth services, referrers, and schools.

Direct Reports:

Nil

Scope of Practice:

This position will be based in the Port Stephens area.

Mental Health Clinicians in this role will be expected to deliver evidence-based clinical assessment and mental health interventions to young people 12 – 25 years with established or emerging emotional, mental, developmental and behavioural issues, and their families, using a client focused approach. The role will involve working closely with youth support coordinators within the service, and external services in the local area, to ensure young people are linked in with appropriate clinical and psychosocial supports as needed.

Such practice is undertaken within an individual's area and level of expertise and with due regard to ethical, legal, and profession-prescribed standards.

The service is funded and operated separately to the headspace Newcastle service, but will fall under the governance structures of headspace Newcastle and Hunter Primary Care.

Level of Decision-making Authority:

Operate within Hunter Primary Care policies and procedures within the scope of the incumbent's expertise under the direction or delegation of the **headspace** Newcastle Manager.

Key Responsibilities and Accountabilities:

Service delivery

- Provide high quality, evidenced based clinical assessment and mental health treatment within the YCMHS model.
- Participate in the YMCHS intake, case management, referral and clinical review processes for young people, their families/carers and referrers in a sensitive and appropriate manner
- Effectively manage clinical case load, documentation and discharge planning
- Ensure that appropriate communication with referring agencies is maintained while a young person is seen through and discharged from YCMHS services
- To support and facilitate young people in accessing appropriate clinical and non-clinical services both within the YCMHS service and externally as required.
- Engage in family inclusive practice in working with young people (where appropriate)

Service Support and Development

- Contribute to creating a welcoming and accepting environment at Port Stephens YCMHS service
- Promote the philosophy and values of **Hunter Primary Care**
- Actively contribute to the development of Port Stephens YCMHS service
- Work collaboratively with all staff, private practitioners and co-located partners to ensure a responsive and high quality service to young people
- Build and maintain effective working relationships with other services working with young people in the government and non-government sectors
- Participate in quality improvement activities as needed

Professional Development and Education

- Maintain own professional development
- Participate in education and information sessions for young people, their families/carers, service providers and the community
- Participate in development of annual work plan

Organisation

- Follow all appropriate policies and procedures of Hunter Primary Care.
- Take reasonable care for own health and safety and the safety of other people. Ensure compliance with relevant WH&S legislation and that any issues are identified and actioned in line with policy.
- Communicate service improvements, initiatives and challenges to **headspace** Newcastle Manager

Essential Qualifications, Education and Experience:

- Relevant tertiary qualifications in Psychology (with full registration as a psychologist with Psychology Board of Australia), Social Work (accredited for Mental Health and membership of AASW), Occupational Therapy (accredited for Mental Health and registration with AHPRA / Occupational Therapy Board of Australia), Nursing (with AHPRA / Nursing and Midwifery Board of Australia registration) or other relevant tertiary health qualification providing eligibility to work as a mental health clinician.
- Relevant experience in delivering mental health clinical treatment / therapeutic interventions with young people, their families/carers in a mental health setting.
- Experience working with young people who have self-harmed, attempted suicide or who have suicidal ideation and those with emerging and established mental illnesses.
- Demonstrated capacity to work autonomously, whilst being part of a multidisciplinary team
- Demonstrated understanding of developmental needs of young people

- Demonstrated understanding of early intervention principles of youth mental health and substance use.
- Excellent written and verbal communication skills
- Ability to use electronic medical record systems, and relevant software packages such as Microsoft Word, Excel and Access

Desirable Qualifications, Education and Experience:

- Specialist training or clinical experience, (such as post-graduate qualification in mental health), area of practice endorsement in clinical psychology.
- Ability to use initiative to identify areas for improvement and implement changes
- Demonstrated experience and flexibility in learning and adapting to new systems
- Understanding of the issues and barriers for young people in accessing services in the Port Stephens area
- Experience in working with youth from Aboriginal and/or CALD cultures.

Any offer of employment will be subject to a clear Working with Children Check as a condition of employment. Criminal Record Checks will be required, however people with criminal records are not automatically barred from this position but appointment will be subject to completion of a risk assessment based on the requirements of the role

Position accepted by:

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Signature

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Date